



Did You Know Gratefulness is Healthy?



June 1, 2018

Hi,

Stopping to smell the roses can actually make you healthier. Studies show people who are more grateful sleep better, feel healthier, have higher self-esteem, have more energy, and experience less stress. In today's **Service For Life!**[®] Free consumer newsletter, you'll learn easy ways to practice gratitude on a daily basis.

You'll also learn tips for dealing with customer service, what supplements may help prevent Alzheimer's, and how to keep your yoga mat clean – plus fun facts, a trivia challenge, and lots more. But first...

Here's what's happening in the area. In the last 12 months prices in *Allegheny County* were up about 5.1% and prices in *Westmoreland County* were up about 2.5%. Reports on North Huntingdon, Greensburg, Harrison City, Monroeville, North Versailles & White Oak are available online at www.YourNewsletterByDebra.com. **Information furnished by Realtors® Property Resource.** And check out the *Heat Report*. It's provided by **Five Star Professionals** around the country with reporting from local agents about their markets. *Call me if you would like detailed information about your area.* Now is the time to buy or sell!

Try your luck at this month's Trivia question. Each month I randomly choose one winner from all the correct answers. *You can't win if you don't play!*

Finally, I want you to know that you may call me for any reason. And please let me know if a friend, family member or neighbor needs a real estate professional.

I truly appreciate your friendship, business and referrals. Enjoy your issue!

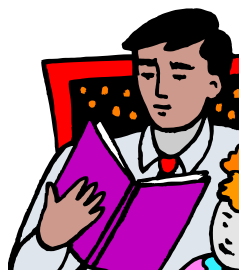
Warmest regards,

Debra

Debra Higgins
RE/MAX Realty Access

P.S. When you notice people talking about real estate in the next few weeks, let them know about my no pressure service. I'm here to help!

Happy Father's Day



Please provide me with FREE, no obligation, information regarding:

- My friend would like to receive your FREE monthly newsletter
- Provide a Free, Market Evaluation of my home
- Provide a Free, Home Locator Service
- Provide information on a competent Service Provider

Name: _____

Address: _____ City _____ Zip _____

Phone: _____

4 Ways To Contact Me For These Helpful Resources & Services

Mail this form to:

Call 724-864-2200 ext 19
 Cell 724-871-7298
 Fax 888-242-4550
 Email debra@debhiggins.com

**Debra Higgins
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 Irwin, PA 15642**

If your property is currently listed with a real estate broker, please disregard this offer. It is not my intention to solicit the listings of other real estate brokers. I am happy to work with them and cooperate fully.